

Amendments to the Specification:

The paragraph starting at page 5, line 2, is amended and now reads as follows:

-- The antivibration element 1 is shown in a perspective view in FIG. 1 and includes a coil spring 2 guided at its two ends on respective plugs (3, 4). As shown in FIG. 2, the plugs (3, 4) extend into the interior of the coil spring 2. Each plug (3, 4) includes a spirally-shaped slot (9, 10) which forms the guide for the coil spring 2. The coil spring 2 is guided with its end sections (7, 8) form tight in the slots (9, 10), respectively. The end sections (7, 8) extend over a 3/4-turn to two turns and especially over approximately 1 and 1/4-turns of the coil spring 2. The number of turns is measured from the ends 5 and 6 of the coil spring 2 shown in FIG. 1. Transition sections 11 and 12 extend from end sections 7 and 8, respectively respectively, to the mid section of the coil spring and extend over approximately 1 to 4 turns. The coil spring 2 is guided with play in the slots 9 and 10 at the transition sections 11 and 12, respectively. --